

	Week 2 - 1/05 - 1/09	Week 3 - 1/12 - 1/16	Week 4 - 1/19 - 1/23	Week 5 - 1/26 - 1/30	Week 1 - 2/2 - 2/6
Monday	Wholegrain ravioli w/meatsauce (*)	Chicken Alfredo w/ wholegrain pasta (*)	School Closed	Veggie lasagna rollatini (V)	Wholegrain spaghetti w/ meatballs & tomato sauce (*)
	Spinach	Broccoli	MLK Day	Baby carrots w/ ranch dressing	Peas & carrots
	Fresh apple	Fresh apple		Fresh apple	Apple sauce
	Separator				
Tuesday	Chicken Parmesan w/ tomato sauce and wholegrain pasta	Grilled chicken strips	Wholegrain chicken nuggets	Chicken and cheese quesadilla (*)	Teriyaki chicken w/ brown rice
	Spinach	Brown rice primavera	Tater tots	Wholegrain pasta salad	Broccoli
	Fresh pear	Fresh pear	Fresh pear	Fresh pear	Fresh pear
	Separator				
Wednesday	Turkey wrap	Eggplant wrap(V)	Wholegrain cheese pizza (V)	Grilled chicken wrap w/ Provolone cheese	Grilled veggie wrap w/ mozzarella cheese (V)
	Potato salad	Wholegrain macaroni salad	Baby carrots w/ ranch dressing	Romaine salad w/ cucumber, tomato & balsamic dressing	Coleslaw
	Fresh fruit salad	Fresh fruit salad	Fresh orange	Fresh fruit salad	Fresh fruit salad
	Separator				
Thursday	Eggplant Parmesan w/ tomato sauce & whole grain pasta (V)	Wholegrain cheese pizza (V)	Half Day - Conferences	Wholegrain cheese pizza (V)	Sloppy Joe on a wholewheat bun
	Romaine salad w/ cucumber, tomato & balsamic dressing	Baby carrots w/ ranch dressing	No lunch	Baby carrots w/ ranch dressing	Baked fries, Romaine salad w/ cucumber, tomato & balsamic dressing
	Fresh apple	Fresh orange		Fresh orange	Fresh apple
	Separator				
Friday	Wholegrain cheese pizza (V)	School Closed	Half Day - Conferences	Half Day	Wholegrain cheese pizza (V)
	Baby carrots w/ ranch dressing	Faculty Development Day	No lunch	No lunch	Baby carrots w/ ranch dressing
	Fresh orange				Fresh orange
	Separator				