

Princeton Charter School - Lunch Menu 2014-2015

(*) Can provide veg option

(V) Vegetarian meal

	Week 2 - 2/9 - 2/13	Week 3 - 2/16 - 2/20	Week 4 - 2/23 - 2/27	Week 5 - 3/2 - 3/6	Week 1 - 3/9 - 3/14
Monday	Wholegrain ravioli w/meatsauce (*)	School Closed	Wholegrain macaroni and cheese (V)	Veggie lasagna rollatini (V)	Wholegrain spaghetti w/ meatballs & tomato sauce (*)
	Spinach	President's day	Peas and carrots	Baby carrots w/ ranch dressing	Peas and carrots
	Fresh apple	N.A.	Fresh apple	Fresh apple	Apple sauce
Tuesday	Chicken Parmasan w/ tomato sauce and wholegrain pasta	School Closed	Wholegrain chicken nuggets	Chicken and cheese quesadilla (*)	Teriyaki chicken w/ brown rice
	Spinach	N.A.	Tater tots	Wholegrain pasta salad	Broccoli
	Fresh pear	N.A.	Fresh pear	Fresh pear	Fresh pear
Wednesday	Turkey wrap	Eggplant wrap(V)	Ham and cheese sub (*)	Grilled chicken wrap w/ Provolone cheese	Grilled veggie wrap w/ mozzarella cheese (V)
	Potato salad	Wholegrain macaroni salad	Corn w/ tomato and cucumber	Romaine salad w/ cucumber, tomato & balsamic dressing	Coleslaw
	Fresh fruit salad	Fresh fruit salad	Fresh fruit salad	Fresh fruit salad	Fresh fruit salad
Thursday	Wholegrain cheese pizza (V)	Vegetable chili	Tex Mex w/ beans, cheese and whole grain chips	Hamburger on wholewheat bun w/mayo and ketchup	Sloppy Joe on a wholewheat bun
	Baby carrots w/ ranch dressing	Brown rice	Baby carrots	Bean salad	Baked fries
	Fresh orange	Fresh apple	Fresh apple	Fresh apple	Fresh apple
Friday	School Closed	Wholegrain cheese pizza (V)	Wholegrain cheese pizza (V)	School Closed	Wholegrain cheese pizza (V)
	Faculty Development Day	Baby carrots w/ ranch dressing	Baby carrots w/ ranch dressing	Faculty Development Day	Baby carrots w/ ranch dressing
	N.A.	Fresh orange	Fresh orange	N.A.	Fresh orange