

| | Week 1: 4/11-4/15 | Week 2: 4/18-4/22 | Week 3: 4/25-4/29 | Week 4: 5/2-5/6 | Week 5: 5/9-5/13 |
|-------------|--|--|--|---|---|
| Mon | Wholegrain spaghetti w/ meatballs & tomato sauce (*) | Wholegrain ravioli w/meatsauce (*) | Chicken Alfredo w/ wholegrain pasta (*) | Wholegrain macaroni and cheese (V) | Veggie lasagna rollatini (V) |
| | Broccoli | Spinach | Broccoli | Peas and carrots | Baby carrots w/ ranch dressing |
| | Fresh fruit | Fresh fruit | Fresh fruit | Fresh fruit | Fresh fruit |
| Tue | Teriyaki chicken w/ brown rice | Chicken Parmesan w/ tomato sauce and wholegrain pasta | Grilled chicken strips | Wholegrain chicken nuggets | Chicken and cheese quesadilla (*) |
| | Broccoli | Spinach | Brown rice primavera | Tater tots | Wholegrain pasta salad |
| | Fresh fruit | Fresh fruit | Fresh fruit | Fresh fruit | Fresh fruit |
| Wed | BLT Wrap | Turkey wrap | Eggplant wrap with mozzarella cheese and tomato sauce(V) | Ham sub OR cheese sub (V) | Grilled chicken wrap w/ Provolone cheese |
| | Coleslaw | Potato salad | Wholegrain macaroni salad | Corn w/ tomato and cucumber | Romaine salad w/ cucumber, tomato & balsamic dressing |
| | Fresh fruit | Fresh fruit | Fresh fruit | Fresh fruit | Fresh fruit |
| Thur | Sloppy Joe on a wholewheat bun | Eggplant Parmesan w tomato sauce & whole grain pasta (V) | Chicken and cheese quesadilla (*) | Tex Mex w/ beans, cheese and whole grain chips | Vegetable (V) OR regular chili |
| | Baked fries | Romaine salad w/ cucumber, tomato & balsamic dressing | Wholegrain pasta salad | Baby carrots | Brown rice |
| | Fresh fruit | Fresh fruit | Fresh fruit | Fresh fruit | Fresh fruit |
| Fri | Wholegrain cheese pizza (V) | Wholegrain cheese pizza (V) | Wholegrain cheese pizza (V) | Wholegrain cheese pizza (V) | Wholegrain cheese pizza (V) |
| | Baby carrots w/ ranch dressing | Baby carrots w/ ranch dressing | Baby carrots w/ ranch dressing | Baby carrots w/ ranch dressing | Baby carrots w/ ranch dressing |
| | Fresh fruit | Fresh fruit | Fresh fruit | Fresh fruit | Fresh fruit |