

Princeton Charter School - Lunch Menu 2016-2017

(*) Can provide veg option

(V) Vegetarian meal

	Week of February 27:	Week of March 6:	Week of March 13:	Week of March 20:
Mon	Meat Lasgna Rollettes	Penne w/ meatballs & tomato sauce (*)	Ravioli w/meatsauce (*)	Mac & Cheese
	Tossed Salad	Broccoli	Broccoli	Corn
	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
Tue	Chicken Parmesan w/ tomato sauce and pasta	Teriyaki chicken w/ brown rice	Chicken nuggets	Honey Mustard Chicken
	String beans	Broccoli	Corn	Brown Rice
	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
Wed	Chicken nuggets	Turkey Sub w/cheese	Tex Mex w/ beans, cheese and whole grain chips	Meatball Sub - Two Meatballs, 6"roll, sauce on side
	French Fries	Whole Grain Chips	Whole Grain Chips	Tossed Salad
	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
Thur	Soft Shell Taco; W/whole grain Chips	Chicken and cheese quesadilla (*)	Wholegrain cheese pizza (V)	Chicken Alfredo w/ pasta (*)
	Tossed Salad	Wholegrain pasta salad	Baby carrots w/ ranch dressing	Broccoli
	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
Fri	Wholegrain cheese pizza (V)	Wholegrain cheese pizza (V)	Half Day	Wholegrain cheese pizza (V)
	Baby carrots w/ ranch dressing	Baby carrots w/ ranch dressing	Faculty Development	Baby carrots w/ ranch dressing
	Fresh fruit	Fresh fruit		Fresh fruit